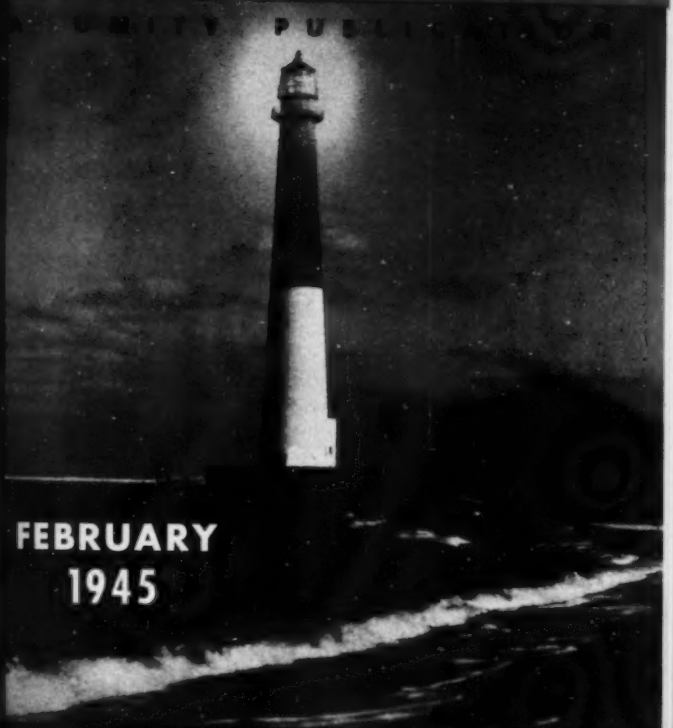
Daily Word



FEBRUARY
1945

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DAILY WORD

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It Works!

MARTHA SMOCK

HOW DO YOU pray when you are desperately in need of something? If you are lonely and unhappy do you pray, "O God, make people be kind to me; send me some friends"? If you dislike your work and want a different job, do you pray, "O God, lead me to a better job"? If you are searching for a home do you pray, "O God, make someone conscious of my need; help me find my right home"? If you are sick, do you pray, "O God, make me well"?

"God is Spirit: and they that worship him must worship in spirit and truth." What does it mean to worship God in spirit and truth? It means that our prayers must be translated from the language of the material to the language of the spiritual in order to be rightly and truly fulfilled. Now the spiritual meaning of any desire is the idea that it represents. In Truth we believe that every desire is basically good, for we take as our first premise

the belief that God is good, and good is all.

So if you are lonely and unhappy, rather than praying, "O God, make people be kind to me; send me some friends," in the quietness of your mind and heart think what it is that you really desire. In spirit and in truth your desire for friends, for companionship, for happy experiences is your desire for a feeling of oneness with God and with all people; for an understanding heart; for freedom from any feeling of inadequacy or inferiority; for confidence in yourself as a child of God, beloved by Him and blessed by Him with all that you need to make your life full and happy and joyous. By meditating upon the spiritual meaning of your desire you are beginning at the beginning, you are working with causes, and the effects—the friends, the companions, the love, the happiness—will follow. They cannot help but follow the inner realization, the inner change, that spiritual prayer works.

If you dislike your work and want a different job, rather than praying, "O God, lead me to a better job," open yourself to a realization of what your need is in spirit and in truth. The spiritual meaning of your desire for a different job could be a desire for a feeling of true achievement, a desire to serve God and man better. It could be the urge in your soul to use more of your talents and abil-

ities, a longing for greater understanding of life and people and work. When you think through in prayer and silence to the spiritual meaning of your desire you will be taking the most important step toward having happier, more challenging work. The outer change will follow; it cannot help but follow the change in your own thought. You will find yourself in a better job—right where you are now perhaps; for often through prayer we discover the blessings we have been overlooking—or it may be that it is right for you to make a definite change. However it may be, by beginning in the within you make certain and right your procedure in the outer.

If you are searching for a home, rather than praying, "O God, make someone conscious of my need, help me find my right home," translate your prayer into the language of spirit. The spiritual meaning of your desire for a home is a desire for security, for a feeling of peace and comfort; it is basically your soul's desire to be at one with God. When your desire for a home is thus translated in your times of quietness and meditation you open the way for the material blessing to come to you. When you think about what your desire truly is you open your heart and mind and life to a perfect fulfillment of your desire. You

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Companionship

ERNEST C. WILSON

IT IS NOT where we are but what we are that makes us near to or far from others. Sometimes we seem very far indeed from persons close by, because we have not found an inner bond of understanding and accord: Sometimes we are very near to those who are physically at a distance, because our thoughts and hearts are one with them. Nearness and distance are words whose most obvious meaning has to do with the physical plane of life. When mentally and emotionally as well as physically we dwell in that plane, we are often under bondage to place and condition. While we are expressing ourselves through the physical plane, it is natural for us to desire to be both physically and spiritually near to those we love, but when the conditions of this plane make this seemingly impossible, we still need not despair. Instead we may enrich the physical life by rising into a more inclusive state of consciousness, by a greater realization of the mental and spiritual powers that God has given us. We may live above the sense of separation by centering our attention in that realm where there is no separation.

In actual truth, we live more in the mind and the emotions than we realize. " 'Tis the mind that

makes the body rich." Our happiness or unhappiness is determined less by actual physical conditions than by our mental and emotional reactions to them.

If you are faced with apparent separation, loneliness, or loss, ask of God that He reveal to you the real truth of these things. There is no separation in Spirit. Nothing can take from you what God has for you. In deepest truth, you are one with all whom you love and who love you. Do not dwell morbidly or broodingly upon the need for this realization. Accept as much of it as you can on faith, if not with understanding. Fill your life with activity that helps you to prepare for outward manifestation of the spiritual nearness you are beginning to envision. Affirm: "The Spirit of God fills my life. I am never lonely or bereft while I am in the consciousness of the presence of God. Through Him I am one with all whom I love and who love me. I am not dependent upon outward conditions. My dependence is in God."

Wherever we are God is. Wherever we are we can reach Him, and He can reach us. Through Him we are at one with our loved ones.

God is with us not only in the origin and ultimate destiny of our being but all along the way. He is with us now, at this very moment. He brings our life to its righteous, divine fulfillment. Our

times of waiting are times of preparation. We prepare for our good and the fullness of good by attuning our thoughts and feelings to the consciousness of at-one-ment, and by outward action that expresses this ideal.

All that we envision, all that in the inward depths of our being we resolutely and persistently seek to embody, shall become manifest, either in ways that we now foresee, or in others that will bring us even greater peace and happiness. We are one with omnipotent, omnipresent good.

Lord, thou hast been our dwelling-place
In all generations.
Before the mountains were brought forth,
Or ever thou hadst formed the earth and the world,
Even from everlasting to everlasting, thou art God. . . .
For a thousand years in thy sight
Are but as yesterday when it is past,
And as a watch in the night. . . .
Oh satisfy us in the morning with thy loving-kindness,
That we may rejoice and be glad all our days . . .
And let the favor of the Lord our God be upon us.

—*Psalms* 90:1, 2, 4, 14, 17.

Thursday

I REST IN GOD'S LOVING CARE, AND I AM HEALED AND RESTORED.

BE TRANQUIL, relax from all stress and strain, take your attention from the chaos of the outer world and direct it within. Steadfastly claim the peace and poise of God and dwell in the state of oneness with God which is infinite serenity.

Tenseness is caused by doubt, fear, or worry, by letting your mind dwell on appearances. Through relaxation you let go of all tenseness. You rest in the assurance that all is well, and all tenseness disappears from your mind, all unrest or feeling of illness from your body. The burden of worry and anxiety slips away when the mind and heart are quiet. When you are thoroughly relaxed you clear your mind for thoughts of love, joy, wisdom, courage, and the inner stability that cannot be disturbed by outer things. You clear your body for the healing, restoring life of God, and you partake of unlimited strength with which to meet any situation.

The eternal God is thy dwelling-place,
And underneath are the everlasting arms.
—DEUT. 33:27.

Friday

DIVINE ORDER AND HARMONY ARE ESTABLISHED IN MY MIND AND LIFE.

THERE IS NO situation outside the blessing of God. Should you find your home conditions or your work upset or out of order, do not let yourself become disturbed but realize that you have a blessing to give and to gain even from what may seem to be a state of confusion.

While it may be true that conditions in the world today are a contributing factor to inharmony in homes, on jobs, and in human relations, still the blessing of God's order and harmony may be realized by anyone, anywhere, at any time.

Sometimes taking undue personal responsibility for other persons and their lives may be the reason for an upset state of mind. When problems, persons, conditions are released to God, order, harmony, and the highest good of all concerned come forth quickly.

Let the quietness, calmness, order, and harmony of God bless your mind and adjust your affairs and your life will truly confess the beauty of God's peace.

♣ *Peace be unto thee, and peace be to thy house, and peace be unto all that thou hast.*—I SAM. 25:6.

Saturday

I AM FREE SPIRIT AND HAVE DOMINION OVER MYSELF AND ALL THE CIRCUMSTANCES OF MY LIFE.

BEFORE A person comes to know himself as he really is in Truth he thinks that certain stimulants are necessary to his well-being, that his appetite is the barometer of his physical needs, and that other persons have the power to disrupt his life. When he comes to know himself in Truth, he realizes that he is free spirit and that through taking command of himself and his life he can lift himself up and direct the circumstances of his life into ways that are happy, pleasant, and peaceful.

Through prayer and close communion with our divine self, God's Spirit within us, we learn what our true desires are and we are given the wisdom and guidance we need to fulfill them in constructive and gratifying ways.

Prayer is a real power that stirs and enlivens the mind and heart and helps us to realize our own dominion and power over ourselves and all the circumstances of our life.

• *Ye shall know the truth, and the truth shall make you free.*—JOHN 8:32.

I ABIDE IN THE CONSCIOUSNESS OF CLOSE COMMUNION WITH THE FATHER.

"AND He walks with me, and He talks with me,
And He tells me I am His own."

The abidingness of His presence embraces me. He is my environment, my horizon, my home. My God and I walk hand in hand. Closer, nearer, dearer do we become. When I keep my attention centered on God, His thoughts are my thoughts, His ways my ways, His purposes my purposes, and my world is made right.

Divine love speaks to my soul of good already on its way to me. My mind asks not why nor how, but I continue to dwell intimately and serenely in the one Presence and one Power. My good moves toward me and overtakes me. By resting in His presence I need not seek nor search for blessings, for they flow steadily to me as I need them.

By consecrating myself to Him I am established in such oneness with the Father that my very being is fused with His victorious Spirit and He breathes into my heart His own almightiness. I reside in Him and He cares for me ever.

✽ *I will dwell in thy tabernacle for ever.*—PSALMS 61:4.

Monday

GOD IN THE MIDST OF ME IS MY UNFAILING PROTECTION AND I AM SAFE AND SECURE.

THE REALIZATION that God is ever with us and with all those who are dear to us is a source of great strength and courage. Wherever we are, whatever we are called upon to face, God is there guiding us and watching over us. We can keep conscious at all times of His abiding love and care by knowing for ourselves and our dear ones that God in the midst of us is our unfailing protection and we are safe and secure.

We cannot be separated from God's love and protection, for He is omnipresent, a shield against all harm. In the midst of danger we can turn to Him for security and shelter, for strength and courage to see us safely through every experience.

Abide today in the faith that God's love surrounds you and yours, an impenetrable wall against every menace. Place your dear ones in His care, knowing that He is guiding them and watching over them, their unfailing protection wherever they may be, whatever they are called upon to do.

The fear of man bringeth a snare;
But whoso putteth his trust in Jehovah shall be safe.
—PROV. 29:25.

Tuesday

FEBRUARY 6

THROUGH FAITH IN GOD I RECOGNIZE AND ACCEPT MY GOOD.

A TRUTH TEACHER has said that we must reach the place where there is no hope. Does that mean that we are to descend to the depths of despair? No, it means that we are to reach the place of acceptance instead of mere hope. Hope is an admission that we feel a lack. Acknowledgment of good is the acceptance of it in consciousness.

We do not hope for a streetcar that is at hand nor for bread that is in the house. We need that same awareness of the imminence of God's good in order to accelerate its manifestation in our life. Developing this awareness is the purpose of prayer. We do not pray to cajole an unwilling God to grant the desires of our heart. We pray to lift our consciousness to the level where we perceive all that the Father has for us.

Remember to remind yourself often: "I do not hope for anything. I know that what I have need of is at hand." This is the way of answered prayer, the way of faith.

♣ *Blessed* are *they that have not seen, and* yet *have believed.*—JOHN 20:29.

Wednesday

I AM CONSCIOUS AT ALL TIMES OF GOD'S GUIDING POWER IN MY LIFE.

WHEN YOU ARE faced with a decision to make, instead of scattering your thought power by first trying through human ways and means to arrive at a right answer, turn within and acknowledge God's wisdom as the guiding power in your life. Quiet your mind and heart and affirm, "God is guiding me and showing me just what course to follow." When you do this all doubt and indecision will disappear and each step of the way will be very clearly revealed to you.

There is no darkness or obscurity when God is leading you, for His light shines steadily and clearly, illumining your path. As you learn to trust Him in managing every detail of your life whether large or small, you can be assured of continuous blessings, and you can know that you will always make the right decision at the right time. God is ever with you, and He will lead you into paths of pleasantness and peace if you place your whole trust in Him and follow the guidance that His wisdom reveals.

♣ *Then shall thy light rise in darkness . . . and Jehovah will guide thee continually.*—ISA. 58:10, 11.

Thursday

I TRUST IN THE DIVINE LAW OF JUSTICE TO ORDER, DIRECT, AND CONTROL ALL THE AFFAIRS OF MY LIFE.

IF ANYONE is facing a seemingly unjust situation as he reads this lesson, he can know with complete faith that by placing it in God's care he will call into action the divine law of justice. As he opens his mind and heart to the larger justice of God, he will be given the understanding to deal with any situation in a way that brings harmony and peace to all concerned.

In human experience there are situations that seem unjust and beyond reasonable explanation; but in Truth there can be no injustice, for even under the most trying circumstances God's law of justice is at work. When a person trusts in God's law and looks to God for love and understanding and counsel, he will find it in his heart to do anything he can do to right the situation. He will be given the understanding and generousness of spirit to forgive and bless anyone concerned with him. He will stand firm in the belief that despite appearances justice and righteousness are being established.

• *Jehovah is a God of justice.*—ISA. 30:18.

Friday

I AM A SPIRITUAL BEING, UPHELD BY SPIRITUAL STRENGTH, AND GUIDED BY SPIRITUAL WISDOM.

HAVE YOU EVER committed an unwise act, said an unkind thing, or used poor judgment in the handling of your affairs, and then spent hours in prayer asking God's forgiveness? The truth is that God is too pure to behold iniquity, that He does not condemn you. Your greatest problem is self-condemnation and the solution is self-forgiveness.

Through prayer you can find self-forgiveness by realizing that you are a spiritual being in God's sight, always have been, always shall be. You cannot fall from God's grace, for He loves you and approves of you. The love that is always kind is ever with you, the wisdom that guides aright is always yours, and within you lies the strength to uphold you at all times, under all circumstances.

By recognizing your spiritual identity, by lifting your thoughts to God, you claim your forgiveness from any mistake of the past and you are blessed.

If thou, Jehovah, shouldest mark iniquities,
O Lord, who could stand?

—PSALMS 130:3.

Saturday

MY FAITH, REINFORCED BY THE FAITH OF JESUS CHRIST, MAKES ALL THINGS POSSIBLE TO ME.

THE FAITH of all who believe in Jesus Christ is constantly strengthened and reinforced by His faith. "All things are possible to him that believeth."

The faith of Jesus Christ has never diminished. It momently increases as it is used and proved by His countless followers. The way of the living Christ is the way of faith—your faith combined with the faith of every living soul.

It is only when you think of your faith as dependent on your personal power that it seems small and inadequate to you. Let go of any such mistaken, retarding idea and know your faith for what it is, a divine power springing up from the Spirit of God which is in you.

Your faith helps to call forth the divine plan of wholeness, freedom, joy, peace, and abundance for one and all. Pray and live joyously, fearlessly appreciating and using your faith to bring all good to pass.

♠ *Being therefore justified by faith, we have peace with God through our Lord Jesus Christ.*—ROM. 5:1.

Sunday

GOD IS IN THE MIDST OF ME!

Where is God? Is He afar,
Out beyond the farthest star?
No, He is not far but near;
He is nearer than my fear,
He is nearer than my need.
When I call Him He will heed;
He is in the midst of me!

When the way uncertain is,
He will hold my hand in His;
In the valley of the night
I will have an inward light.
He is faith—I will not fear;
He is love, and He will hear;
He is in the midst of me!

Need I even call at all?
Knows He not each sparrow's fall?
Lord Immanuel, Thou art
Ever present in my heart,
And however far I roam
In Thy heart I am at home;
Thou art in the midst of me!

♣ *The Father . . . dwelleth in me.*—JOHN 14:10 (A. V.).

Monday

WITH ALL MY HEART AND MIND AND SOUL
I TURN TO GOD IN PRAYER.

Prayer is the morning of the heart's desire;
It is the evening of the mind's repose,
Warming its outstretched hands before life's fire;
It is spring's promise in the winter's snows.

Some prayers are like the sound of trumpets soaring,
And some are quiet as a still small star;
One is a moment's passionate outpouring;
One is the living prayer of what we are.

Prayer is the soul's persistent aspiration;
It is the step we take out of the night,
Out of the shadow of our limitation
Into the shining mercy of His light.

Prayer lifts us nearer to the Infinite:
He never wholly fails who tries to pray,
For there has never been a candle lit
That did not throw some light upon the way.

♣ *Draw nigh to God, and he will draw nigh to you.*
—JAMES 4:8.

Tuesday

I REJOICE IN ALL THE GOOD THAT IS MINE TODAY.

Dawn is the threshold of today.
  Dawn is an open door
That sends you up a sunlit way
  You have not climbed before.
But you can know God does not give
  You hills too hard to climb;
His love ordains that you shall live
  But one day at a time.
Let go dead yesterday's regret,
  Tomorrow's phantom fear;
Live in the living now and let
  The present good appear.
Even a stay-at-home must make
The journey of today;
Go with a willing heart and take
  Love's lamp to light your way;
Prayer be the staff you lean upon;
  With faith your feet be shod.
Today you do not walk alone—
  Today you walk with God.

This is the day which Jehovah hath made;
We will rejoice and be glad in it.
—PSALMS 118:24.

A VALENTINE WISH FROM SILENT UNITY

IF IT were possible we should like to send an old-fashioned valentine to you, our readers, one with hearts and flowers and lace and lovely lyrics.

For while Saint Valentine's Day is observed mostly by children and lovers, the thought behind it belongs neither to lovers nor to children exclusively. The thought that perpetuates the day is love, the love of human beings one for another.

We love you, our readers, as our friends, as our fellow Truth seekers, and as our spiritual companions in prayer. And so as our valentine to you, without benefit of hearts and flowers, lace or lyrics, it's true, but with all the sincerity of our heart we say:

WE LOVE YOU.

Wednesday

I LET DIVINE LOVE EXPRESS ITSELF THROUGH ME.

A rose must give its beauty bright;
A song must send its music far;
The sun that would withhold its light
  Would be but a dead star.

Love cannot build a pleasure dome
And shut the door and hope to hide;
Love keeps an inn and welcomes home
  All those who walk outside.

Love lights a candle whose bright spark
Cheers the tired traveler on;
Love sings when all the stars are dark
  To show us it is dawn.

Love is the power to dispossess
The fears that hold our lives apart;
Love makes a house of happiness
  Out of the lonely heart.

Love will lift up both heart and mind
And let the light of faith shine through:
Oh, give yourself in love and find
  Love gives itself to you!

♠ *We love, because he first loved us.*—I JOHN 4:19.

Thursday

FATHER, IN THY LOVING HANDS I PLACE MYSELF, MY DEAR ONES, MY WORLD, AND I REST SECURE.

Father, in Thy loving hands
  I place myself today;
Lord of love and happiness,
  Shine upon my way.

Tenderly unto Thy hands
  I trust the ones I love;
Shelter them, encompass them
  Beneath them and above.

Trustingly into Thy hands
  I give my fellow men;
Bless them, Lord of humankind;
  Give them peace again.

In Thine everlasting arms
  I rest secure from fear;
I know that I but need to look
  And I will find Thee near.

♣ *Blessed* be . . . *God* . . . *the Father of mercies and God of all comfort.*—II Cor. 1:3.

Friday

GOD BLESSES ME AND MAKES ME A BLESSING.

Have you learned the power expressing
Through a simple word of blessing?
Bless each trouble; you will learn
God will bless you in return.
Bring to everything you face
Love and poise and quiet grace,
Patience, courage, and good cheer,
And a blessing will appear;
Keep your faith, be blessing-minded;
Seek the good and you will find it.
Every moment of today
Bless whatever comes your way:
Bless your friends, and on the street
Bless the people that you meet.
Know the love you give in prayer
Bears a blessing everywhere
And returns a thousandfold
All that heart and life can hold.
In yourself is your success
And the hope of happiness:
In you is the power to bless!

♣ *I will bless thee . . . and be thou a blessing.*—GEN. 12:2.

Saturday

I HAVE THE VICTORIOUS SPIRIT OF GOD IN ME.

When the boy David waited in the path
Of tall Goliath's wrath
That sent men reeling,
And all he had was a sling and his faith in God,
Who would have blamed him had he trembled, feeling
The earth shakes where the giant trod!
Never to be afraid—that is not courage;
Courage is facing fear and keeping on;
Courage is to advance
When you would rather have retreated;
To know when faith seems gone
You are superior to circumstance;
To face defeat and come through undefeated.
You have a spirit in you! It will meet
Whatever comes to pass and climb up higher;
God's Spirit that will take life as it is
And shape it into something nearer His!
A spirit that will fire
Your heart and mind with faith, direct your feet,
Steady your hands, and lift your eyes to see
The certain vision of the victory!

* *And Jehovah gave victory to David whithersoever he went.*—II SAM. 8:6.

Teach Us to Pray

"LORD, TEACH us to pray, even as John also taught his disciples." Through the ages men have been imploring, "Teach us to pray." Especially during times of difficulty or distress man becomes aware of a great need for prayer and of a deep inner desire to understand how best to pray, how to come closer to the Father through meditation and communion.

"Come . . . and learn of me" is the invitation to all who will open their mind and heart to the indwelling Father. As we enter into the Lenten period, which began this year on Ash Wednesday, February 14, let us devote as much time as possible to both the study and the practice of prayer.

Many church members observe Lent by denying themselves certain foods or luxuries, or by refraining from theatergoing, parties, and the like. Through such self-discipline the individual usually benefits physically, mentally, emotionally, and spiritually.

The most effective form of self-discipline is the discipline of one's own mind. It is important therefore that we learn how to pray aright, how to unify our mind with Divine Mind so that our thoughts may be of a high caliber, consequently contributory to our well-being. Only through

learning how to pray aright and how to consecrate ourselves to Spirit can we lay hold of those spiritual qualities which will release us from old limitations and establish us in the new life we so much desire.

If you feel that your prayers are not effective or that you do not know how to pray in a way that will bring forth good, you can learn how to pray. You can make of the Lenten period a time of faithful prayer. You can make a definite study of some of the very fine books, articles, and other instructive material that has been written regarding prayer. You can covenant with yourself to set aside a portion of each day for a daily drill in affirmative prayer. The *Daily Word* affirmations and lessons are an ideal basis for daily study and practice of prayer, and are excellent for use in conjunction with specific Lenten study.

No sincere desire of the heart is ever left unfulfilled. If you truly desire to know more about prayer, if you are willing to put forth the effort for a daily study and practice of prayer, you will be rewarded richly.

"Pray to thy Father who is in secret, and thy Father who seeth in secret shall recompense thee."

EDITOR'S NOTE: During Lent Unity students co-operate in a world-wide study of the book *Teach Us to Pray,* as explained on the inside back cover.

Sunday

PEACE OF GOD INFOLD ME NOW.

THE PEACE OF God infolds you now in its protective mantle of Truth. You are quiet, unafraid, secure.

The peace of God that is in you cannot be affected, disturbed, or destroyed by any commotion. In it is quietness for you in time of storm, control in hour of danger, security in moment of peril.

In the midst of turmoil you can think or speak or pray the single word "peace," even as did Jesus Christ in the storm-tossed boat, and the disturbing elements within or about you will be quieted. Calm will come to you, and in your calmness you will be prepared to handle the situation confronting you courageously, wisely, and well.

Even as you are blessed, so you can bless others with peace. To him who is near, to him who is afar, you can speak the word of peace, and it will not return to you void but will accomplish the peaceable works of God. And the fruits of your daily life and prayers will be peace for the world. Even as God has given His peace to you, so you can give peace.

✽ *Peace, peace, to him that is far off and to him that is near, saith Jehovah.*—ISA. 57:19.

Monday

ALL THINGS ARE WORKING TOGETHER FOR MY GOOD, AND I AM WORKING WITH THEM IN THE WISDOM AND THE POWER OF SPIRIT.

BEGIN TODAY with the thought that you go to meet your good. Whatever your tasks may be, whoever the persons you may meet, wherever the places you may go, you go to meet your good. You live in a friendly universe, you are the child of a loving God, you have a goodly heritage.

Even when appearances seem against you, even when persons seem against you, even when your environment seems against you, you can keep a peaceful mind, a happy heart by holding to the belief that in ways that you know not or see not, all things are working together for good. Your faith in this will keep you alert to opportunities to better the conditions or circumstances of your life, will give you a feeling and an air of confidence that will awaken confidence and trust in those whose lives touch yours.

Today you go to meet your good. Today all things work together for your good, and you work with them in the wisdom and the power of Spirit.

♣ *All things work together for good.*—ROM. 8:28.

Tuesday

I CLAIM THE GUIDANCE OF THE SPIRIT OF TRUTH PROMISED BY JESUS, AND MY FAITH IS SERENE AND SURE.—UNITY CLASS THOUGHT.

IF WE COULD talk with Jesus, the man, today and ask His advice we should not hesitate for an instant to follow it absolutely. Our faith in Him would be so great that it would override any adverse appearance.

If Jesus, the man, were able to talk with us today He would tell us as He told His disciples to seek the Spirit of truth within our own souls. He knew that as long as He remained with His disciples they would place their faith in the man rather than the Spirit. Hence He chose to go away and to send the Spirit of truth to abide with us forever as our guide.

The Spirit of truth is gracious and loving, infinitely wise, and comes to us direct from God the Father. Whatever our problem, the Spirit of truth will reveal the solution of it to us. Let our faith therefore be strong, serene, and sure.

♣ *I will pray the Father, and he shall give you another Comforter, that he may be with you for ever,* even *the Spirit of truth . . . ye know him; for he abideth with you.*—JOHN 14:16, 17.

Wednesday

GOD IS THE SOURCE OF MY LIFE, AND I AM BLESSED WITH STRENGTH AND HEALTH IN MIND AND BODY.—UNITY CLASS THOUGHT.

IT WOULD be well for us to spend a few moments today in realizing that God is the source of our life and that we live in Him. Together with thousands of other devoted Truth students throughout the world let us acknowledge God as the source of our life, strength, and health, saying these words silently:

Thou, O Father, art my life. My life is in Thee. Thy life is in me. I am strong and well. My health is now perfect. I am filled with Thy presence, and every cell of my body is made whole.

Thy Spirit in me uplifts and ennobles me. I am quickened and strengthened throughout the day by Thy vitalizing presence. Momently my life in Thee expands. In every thought and word I express love toward Thee and toward my fellow men, Thy children. Thy life and love are unified in me, and my mind and body constantly increase in strength, in vigor, and in vitality. Thou, O Father, art my life.

♣ *It is the spirit that giveth life; the words that I have spoken . . . are life.*—JOHN 6:63.

Thursday

GOD IS IN CHARGE OF ALL MY AFFAIRS, AND I AM BLESSED WITH ABUNDANT SUPPLY.
—UNITY CLASS THOUGHT.

AS LONG AS we try to direct our life and earn sufficient money to meet our needs without invoking God's help, we find it difficult to make ends meet. But the moment we cast our burden on the Lord and let God take charge of all our affairs we open the door to the inflow of infinite supply.

Letting God take charge of our affairs does not mean that we are to expect Him to take care of everything for us while we sit still and do nothing. Letting God take charge of our affairs does mean that we look to Him for guidance and direction, that we work with His power behind us so that our efforts produce the desired results. "God helps them that help themselves." God does not work for us but through us.

Let us today put all our affairs in God's care and keeping. He will bless us with abundant supply in the form of new ideas, new understanding, new opportunities to use our talents.

♣ *Blessed is the man that trusteth in thee.*—PSALMS 84:12.

Friday

I GIVE THANKS FOR ALL MY BLESSINGS, AND MY GOOD INCREASES DAILY.

EACH DAY brings new blessings, new opportunities for growth and progress, and a thankful heart makes you receptive to all the good you can possibly desire. Start your day by counting the blessings you have, and in your heart give a little prayer of thanksgiving for everything good you now possess. Then think of any desires of yours that are as yet unfulfilled, and give thanks for the understanding that will bring a fulfillment.

When a friend responds to a gift or some little special act of thoughtfulness with warm and gracious thanks, you instinctively feel you would like to give more or do something else for him. Life responds in the same way to this attitude. A heart filled with gratitude and thanksgiving opens the channel wide for an ever-increasing inflow of blessings.

Ever mindful of your blessings, ever mindful of God's infinite love, your good increases as your capacity to receive increases. Your thankful spirit transforms your life.

♣ *I will give thanks unto Jehovah according to his righteousness.*—PSALMS 7:17.

Saturday

MY HEART IS AT PEACE BECAUSE I KNOW THAT NOTHING CAN DEFEAT GOD'S WILL OF GOOD IN THE LIFE OF MY LOVED ONE.

WHEN WE FEEL concern for another person's welfare, when we allow our hearts to become heavy because he is not living as we think he should, we are dimming our vision of the Christ within him. The greatest blessing that we can bestow upon any individual is to behold the Christ in him and to release him into the care of his indwelling Lord. We give a soul a great uplift when we take this attitude, because we are calling the divinity within him into activity.

We are our brother's keeper to the extent that we must keep a steadfast vision of his true self. What do you see in your loved one? Do you see the mistakes of his human, mortal consciousness? If so, you are magnifying these and adding your condemnation to the burden he is already carrying. Or do you see the Christ in him, that glorious spirit of perfection which is shining beneath the mask of human frailties? If so, you are a ministering angel, bringing balm to his soul and hope to his heart.

• *Jehovah will guide thee continually.*—ISA. 58:11.

I HAVE MY OWN PLACE IN GOD'S WORLD, AND I AM SECURE IN MY GOOD.

THERE IS scarcely a person who has not at some time or other felt that his good was being usurped by another or that other persons had better opportunities, more talent, or more material comforts. This is called envy. Many times it is not a question of whether the other person is deserving or not; there is not actually a desire to deprive him of anything. There is however a longing on the part of the envious one to claim his own good, to know his own importance, to feel his own worth, to experience satisfying accomplishment.

If every person could know himself as a child of God, endowed with all the talents he can possibly use to fill his own place in God's world, he would have no reason to feel envious of the blessings of another. He would be too jubilant, too absorbed in discovering his own capabilities and in welcoming his own blessings to do anything but rejoice in the good that comes to others. He would know that he has his own special place in God's world, and that he is secure in his good.

♣ *Love envieth not.*—I COR. 13:4.

MY SUPPLY CAME WITH ME FROM GOD AND IS ALWAYS WITH ME WHERE I AM.

GOD IS THE source of your supply. This means your supply of all you need to make your life full and happy and successful.

What is your need? Is it more money? God is the source of your supply. This is the primary idea for you to work with in order to increase your income. All material things have a spiritual counterpart, and the spiritual counterpart of money is the wealth, the richness of spiritual ideas. These ideas, when stirred into action and expression, inspire man to perceive his own abilities, to make use of these abilities, and to enlarge his giving capacity so that his receiving capacity may be enlarged.

Affirm your faith in the idea that your supply came with you from God and is always with you where you are, and you will establish yourself in a constructive, productive state of mind; you will be open to new ideas, your vision and your world will expand and enlarge progressively.

♣ *And he that supplieth seed to the sower and bread for food, shall supply and multiply your seed for sowing.*—II COR. 9:10.

Tuesday

"THOU WILT KEEP *HIM* IN PERFECT PEACE, *WHOSE* MIND *IS* STAYED *ON THEE,* BECAUSE HE TRUSTETH IN THEE."

IF I AM tempted to feel alone, discouraged, I know that it is because I am not living close enough to the Father within, that I am allowing my peace and my happiness to depend upon others, upon outside conditions and things. I must remind myself often: "Thou wilt keep *him* in perfect peace, *whose* mind *is* stayed *on thee,* because he trusteth in thee." Again and again I will repeat these words. As I do I feel less discouraged, less alone. The peace of the infinite steals over me. My thoughts cease wandering in the without and they become anchored in the heaven within. The words "because he trusteth in thee" point the way to peace and abiding serenity. As I place my trust in God I find new poise added, I am given new strength, I am kept in perfect peace.

Now I am no longer alone, discouraged. I have come close to the Father within, and I have received the blessing of His peace, the assurance of His eternal care.

♣ *Trust ye in Jehovah for ever.*—ISA. 26:4.

Wednesday

THE LOVE OF GOD FILLS MY HEART, AND I AM PEACEABLE, LOVING, KIND.

YOUR HEART is the abode of divine love, the love that is powerful to heal, powerful to adjust any disagreement or inharmony, powerful to bless and enrich you in every undertaking.

Your heart is filled with the all-wise, all-loving, all-understanding Spirit of God. You are not the subject of any feelings of anger, ill will, or hatefulness. You are the master of them through the spirit of divine love that lives in your heart.

Greater strength, greater freedom, greater peace come to you now through the power of God's love. Doubt is dismissed, pain is soothed, faith is strengthened, joy is quickened, and freedom is gained by letting the love of God find expression through you; the love of God that now meets and ever will meet every need. Your heart is a radiating center of divine love. Through love you bless and uplift and help others. Knowing this, Jesus Christ called you the light of the world.

The love of God hath been shed abroad in our hearts through the Holy Spirit which was given unto us. —ROM. 5:5.

It Works!

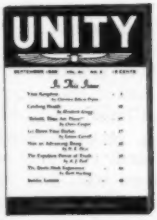
(Concluded from page 3)

will find your perfect home, one suited exactly to your needs and requirements; you cannot help but find it when you pray about it in spirit and in truth.

If you are sick, rather than praying, "O God, make me well," translate your desire into the language of spirit. The spiritual meaning of your desire for health is a desire for an understanding of the Truth about life; it is the desire for harmony in your heart, for comfort and relaxation and freedom from pain in your body. It is your desire for a realization of oneness with the whole and perfect life of God. Your prayer for health should begin with the realization that God is life, that you are one with His life, that you are created in His image and likeness, perfect, whole, entire. Realization of the spiritual truth about health will bring about a healing in your body; it cannot fail to do so, for an inner realization of oneness with God always precedes outer healing.

As surely as you have a desire, you can in prayer, in meditation, translate your desire into the language of spirit and pray "with the spirit, and . . . with the understanding also." This is the way to answered prayer, and it works!

"Oh, I wish there were some way I could really help him!"



Have you recently said this of someone who is burdened with some illness, doubt, or fear? Have you thought of sending him UNITY magazine? In the new attractive pocket-sized format, with large readable print, it is sure to appeal to him.

Thousands of persons have not only gained a thorough understanding of Truth principles by having UNITY magazine as their handbook, but have been inspired to live by these principles and thus realize health and supply for the first time in their life.

How Unity *Can Help Your Friends Find Truth*

UNITY magazine teaches Christian metaphysics by its articles and by the Sunday school lessons. It inspires both beginners and advanced students to apply Truth to problems of health and supply by its articles on these subjects and by its Prayers Answered page, which presents accounts of answered prayer in the life of persons in all walks of life.

Let UNITY be your quiet messenger of love and good will to those whom you desire to help in these times.

UNITY magazine is $1 a year.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Have You Tried a Prosperity Bank?

Many persons have found the Prosperity Bank drill a most interesting and illuminating experience.

The Bank itself is just a simple folding box, but when you use it according to instructions you will find that it helps you increase your faith in God as being truly the source of your unfailing supply.

As you cultivate faith in God by the daily practice of the Bank drill you will come to understand better the practical application of the promise made by Jesus Christ: "All things whatsoever ye shall ask in prayer, believing, ye shall receive."

In connection with the Prosperity Bank drill you may send DAILY WORD for a year to three persons who you think would appreciate receiving it. Fill out the following form, giving their names and addresses. A Bank will be sent to you with instructions, and the subscriptions will be entered at once. As you use the drill Silent Unity will pray with you.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save $3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

1. Name _____
   Street _____
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Please indicate postal zone numbers, if cities are so divided. D-2-48

Announcing

The Unity Lenten Program of Devotion and Study

DURING THE LENTEN SEASON, February 14 to April 1, you have the exceptional opportunity of uniting with other Unity students all over the country in a special program designed to help you realize added blessings in your life. You can increase your blessings and your understanding of God through prayer and the study of the spiritual principles taught by Jesus Christ. The foundation of Unity's Lenten program is the book

TEACH US TO PRAY by Charles and Cora Fillmore. Written after many years of practical teaching and healing, this book is a masterpiece on the subject of prayer. You will find in TEACH US TO PRAY not only what prayer is but how to use it effectively to gain health, prosperity, and happiness.

The Unity Lenten Program

As a guide in your Lenten devotions Unity offers you the newly revised booklet *The Unity Lenten Program*. It consists of a constructive assignment for daily reading in the book TEACH US TO PRAY. The entire book is systematically covered in the pre-Easter period.

To observe Lent the Unity way you need only provide yourself with a copy of TEACH US TO PRAY and of *The Unity Lenten Program*. The booklet will be sent free with each order of TEACH US TO PRAY. If you already have your copy of the book, the booklet will be sent to you free upon request.

ORDER EARLY

Lent begins Wednesday, February 14. To make sure you have your copy of TEACH US TO PRAY and *The Unity Lenten Program* on hand, order now. Bound in green cloth, TEACH US TO PRAY is priced at $1; in flexible binding, at $2.

Unity School of Christianity, 917 Tracy, Kansas City 6. Mo.

AFTER entering the high watchtower of spiritual consciousness, one is enabled to view all things and all conditions as God sees them. When to the human view the occasion is most alarming, the necessity for the high watch is even greater. . . .

When Jesus turned the searchlight of His spiritual understanding upon the shadows of ignorance, superstition, and fear, the light cleared the consciousness of the people about Him and they too were able to see themselves as He saw them—perfect and whole. . . .

Limited vision sees limited things. It is this practice which causes one person to see another as subject to limitations; causes another to see some situation as warped and distorted. . . . Unless the vision is broad and clear, the conception will be narrow and blurred, whether it concerns a person or an event. . . .

After Truth has been presented clearly to us, after we know the power of seeing correctly, then the natural impulse is to watch and pray when we are tempted to lower our vision. From the lighthouse of Truth we can look out upon troubled waters and say, "Peace, be still," knowing that the waves of adversity are silenced by our spiritual authority.—Keeping the High Watch, by Frank B. Whitney.

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